

ZRT Labs

Heavy Metals and Essential Elements--\$229 (Dried Urine and Blood Spot)

A home-collection test to assess heavy metal exposure, nutritional element levels, and thyroid hormones.

Getting too much, and sometimes too little, of various elements can impact your health. This testing should be considered by anyone who:

- Smokes
- Is concerned about tainted foods
- Has mercury dental work
- Lives in an older home or near an industrial area
- Has thyroid-related health issues

The urine panel tests for:

- Iodine
- Selenium
- Bromine
- Lithium
- Arsenic
- Cadmium
- Mercury
- Creatinine

The blood spot panel tests for:

- Mercury
- Cadmium
- Lead
- Zinc
- Copper
- Selenium
- Magnesium